# THE "MULGA MUNCH" CANTEEN



# Gluten Free Menu



# Effective from 2<sup>nd</sup> March, 2021

### Green Food Choices - Choose Plenty

#### ~Hot and Tasty~

Chicken Burger with lettuce & mayo	\$7.50
Chicken Burger with lettuce, tomato & mayo	\$8.00
Chicken Burger - Plain	\$6.50
Chicken Burger with cheese	\$7.00
Chicken Burger with sauce	\$6.50
Fried Rice	\$3.70



#### Toasted Sandwiches~

Roast chicken, cheese & tomato	\$6.00
Ham, cheese & pineapple	\$5.50
Ham, cheese & tomato	\$5.50
Ham & cheese	\$4.50
Cheese & tomato	\$4.00



#### Salad Plates~

Roast Chicken & Salad	<i>s</i> m: \$6.50	lg: \$8.00
Ham & Salad	sm: \$6.00	lg: \$7.50
Salad plate	sm: \$5.50	lg: \$7.00



## Amber Food Choices - Select Carefully

Sausage roll \$4.50



#### **Drinks**

Flavoured milk 250ml: \$3.00

375ml: \$3.50

NIPPY'S
ICED
STRAWBERRY

(Chocolate, strawberry or honeycomb)

PLEASE ADD 20C FOR SAUCE AND 50C FOR MAYO ON SANDWICHES